

**NRI Institute of Ayurvedic Medical Sciences & Arnav Hospital, Bhopal**

**BAMS 1ST PROFESSIONAL SESSION - 2025-26**

		TIME TABLE				W.e.f 06/03/2026		
Sr.No	Day	10:15 - 11:00 AM	11:00 - 11:45 AM	11:45 AM to 01:00 PM ( Practical Session )	01:00 - 02:00	02:00 - 3 :00 PM	03:00 to 4:00 PM	04:00 to 05:00 PM
1	Monday	Rachna Sharir LHT Dr. Mrunalini Shivankar (Professor & HOD)	Kriya Sharir LHT Dr. Devdatta Khobragade (Professor & HOD)	Kriya Sharir NLH/P Dr.Stuti Patel (Assistant Professor) Group-A Rachna Sharir Dr. Aparna Wanre (Assistant Professor) Group-B	<b>L U N C H</b>	Samhita LHT Dr. Monisha Raghuwanshi (Associate Professor)	Sanskrit LHT Mr. Ankit Upadhyay (Assistant Professor)	Padarth Vigyan LHT Dr. Monisha Raghuwanshi (Associate Professor)
2	Tuesday	Rachna Sharir LHT Dr. Omkar Kajale (Professor)	Kriya Sharir LHT Dr.Stuti Patel (Assistant Professor)	Kriya Sharir NLH/P Dr.Stuti Patel (Assistant Professor) Group-A Rachna Sharir Dr. Aparna Wanre (Assistant Professor) Group-B		Samhita LHT Dr. Monisha Raghuwanshi (Associate Professor)	Sanskrit LHT Mr. Ankit Upadhyay (Assistant Professor)	Padarth Vigyan LHT Dr. Monisha Raghuwanshi (Associate Professor)
3	Wednesday	Rachna Sharir LHT Dr. Aparna Wanre (Assistant Professor)	Kriya Sharir LHT Dr. Devdatta Khobragade (Professor & HOD)	Kriya Sharir NLH/P Dr.Stuti Patel (Assistant Professor) Group-A Rachna Sharir Dr. Aparna Wanre (Assistant Professor) Group-B		Samhita LHT Dr. Monisha Raghuwanshi (Associate Professor)	Sanskrit LHT Mr. Ankit Upadhyay (Assistant Professor)	Padarth Vigyan LHT Dr. Monisha Raghuwanshi (Associate Professor)
4	Thursday	Rachna Sharir LHT Dr. Aparna Wanre (Assistant Professor)	Kriya Sharir LHT Dr.Stuti Patel (Assistant Professor)	Kriya Sharir NLH/P Dr.Stuti Patel (Assistant Professor) Group-A Rachna Sharir Dr. Aparna Wanre (Assistant Professor) Group-B		Samhita LHT Dr. R.S. Chhalapathi (Professor & HOD)	Sanskrit LHT Mr. Ankit Upadhyay (Assistant Professor)	Padarth Vigyan LHT Dr. R.S. Chhalapathi (Professor & HOD)
5	Friday	Rachna Sharir LHT Dr. Aparna Wanre (Assistant Professor)	Kriya Sharir LHT Dr.Stuti Patel (Assistant Professor)	Samhita NLHT/P Dr.Monisha Raghuwanshi (Associate Professor) Padarth NLHT/P Dr. R.S. Chhalapathi (Professor & HOD)		Samhita Shlok recitation Dr. Monisha Raghuwanshi (Associate Professor)	Sanskrit LHT Mr. Ankit Upadhyay (Assistant Professor)	Library
6	Saturday	Rachna Sharir LHT Dr. Aparna Warwane (Assistant Professor)	Kriya Sharir LHT Dr.Stuti Patel (Assistant Professor)	Samhita NLHT Dr. Monisha Raghuwanshi (Associate Professor) Padarth NLHT Dr. R.S. Chhalapathi (Professor & HOD)				

**Abbreviations**

\* LHT - Lecture Hour Theory

\* NLHT- Non-Lecture Hour Theory

\* NLH/P - Non- Lecture Hour Practical